



FOOD HEALTHTECH LIVE

OCT 7-8 - NYC

DAY 1

10.07.2026

12:30 PM

Registration, Refreshments & Networking

1:30 PM

Chair's Opener

1:40 PM

What Worked. What Didn't. What's Next in Food HealthTech

The food healthtech and personalized nutrition market has evolved from tech-driven biology insights to closed-loop ecosystems yet neither fully delivered. Explore what failed, what stuck, and where the next wave of opportunity is emerging. Walk away with a clear view of unmet consumer needs and scalable commercial models.

Roy Steiner, SVP, Food, **The Rockefeller Foundation**

Maneesh Goyal, Chief Operating Officer, **Mayo Clinic Platform**

2:40 PM

What's Really Getting Funded, Bought, or Reimbursed in 2026

Too many food health innovations are exciting but commercially fragile. Get a clear-eyed view of the models that survive: payer partnerships, employer ecosystems, retail integration, and outcomes-based contracts. Understand what decision-makers demand in 2026 and how to position solutions so they're not just "cool tech," but a budget line item.

Nebeyou Abebe, SVP, Social Health, **Highmark Health**

Sarah Elizabeth Morrow, Program Director, Clinical-Community Programs, **UPMC Health Plan**

3:20 PM

Afternoon Break & Networking



FOOD HEALTHTECH LIVE

DAY 1

10.07.2026

4:00 PM

GLP-1s Across the Lifecycle and the New Nutrition Economy

GLP-1 use is not a single moment, it is a journey. Examine how needs shift from initiation (side-effect management) to active weight loss (muscle preservation, protein intake) to maintenance and potential tapering. Identify where new opportunities are emerging for food, coaching, and digital health.

Robert Gabbay, Associate Professor of Medicine, **Harvard Medical School**

Stephen Lupe, Head of Behavioral Health in the Department of Gastroenterology, Hepatology, and Nutrition, **Cleveland Clinic**

4:40 PM

Turning Wearable Data into Food Choices That Actually Stick

We don't lack health data, we lack translation. Learn how innovators are converting wearable, biomarker, and behavioral data into practical food decisions that fit real life. Discover how food brands, retailers, and platforms can plug into personalization at scale.

Jennifer Goldsack, CEO, **Digital Medicine Society**

5:10 PM

Clinical Adoption and Nutrition Tech That Fits Workflow

Nutrition is under-taught in medicine, yet patients expect answers. Learn what healthcare teams actually need from food health tech: evidence, simplicity, referral pathways, and tools that integrate into clinical workflows.

Danielle Nabak, Senior Strategist, National Center for Clinical and Community Impact, **Advocate Health**

Uma Naidoo, Director of Nutritional & Metabolic Psychiatry, **Massachusetts General Hospital**



FOOD HEALTHTECH LIVE

DAY 1

10.07.2026

5:50 PM

Chair's Closer

6:00 PM

Drinks Reception & Networking

7:00 PM

End of Day 1

DAY 2

10.08.2026

8:00 AM

Registration, Refreshments & Networking

9:00 AM

Chair's Opener

9:10 AM

Food, Work, and Health: Breaking Silos to Design the Conditions for Healthy Choices

Food as medicine and nutrition initiatives are advancing rapidly, yet outcomes remain uneven because they are often designed in isolation from the realities of work. This presentation introduces a systems-level perspective grounded in Total Worker Health and demonstrates how work, including workload, autonomy, social context, and how work is designed and led day to day, functions as a critical social determinant shaping the ability to make healthy food choices. By breaking down silos between food systems, healthcare, and employers, this session offers a practical framework for aligning these sectors to improve outcomes, equity, and return on investment. Attendees will leave with actionable insights to design environments where healthy choices are not just available, but achievable.

CAPT Christian Rathke, Director, Total Worker Health,
U.S. National Oceanic & Atmospheric Administration



FOOD HEALTHTECH LIVE

DAY 2

10.08.2026

9:35 AM

The Food & Fitness Playbook

The walls between fitness and nutrition platforms are collapsing. Learn how integrated ecosystems are improving engagement, performance, and retention by combining training plans with food guidance. Take away partnership and product strategies that work — from gyms to running apps to nutrition platforms — and understand where the next breakout consumer models are forming.

Doug Leonard, VP Partnerships & Strategic Initiatives, **SoulCycle**

Martin Tull, Chief Impact Officer, **American College of Lifestyle Medicine**

10:15 AM

Registration, Refreshments & Networking

10:55 AM

The HealthTech Power Hour

The HealthTech Power Hour brings together four fast-paced, 15-minute lightning talks showcasing the latest innovations shaping food healthtech. Hear directly from founders and operators building cutting-edge solutions across AI, nutrition, data, and care delivery.

Maja Mazur, Founder & CEO, **Healthnix**
Speaker's TBA

11:55 AM

HealthTech Meets ChatGPT

Healthcare has no shortage of data, it has a guidance problem. Learn how to move from static portals to intelligent copilots that help users navigate care, understand their data, take next-best actions, and build trust through privacy-first design.

Trisha Rawlings, Head of Digital Market Strategy,
The Cigna Group



FOOD HEALTHTECH LIVE

DAY 2

10.08.2026

12:30 PM

Lunch & Networking

2:00 PM

Why Health Apps Lose 96% of Users and What Social Media Knows That We Don't

Engagement is the Achilles' heel of digital health. Most health & wellness apps suffer massive drop-off within weeks. Explore how behavioral science, community mechanics, and consumer product design can make healthy choices sticky — ethically and sustainably.

Joshua Anthony, Chair, Personalized Nutrition Initiative, [University of Illinois](#)

2:30 PM

Culinary Medicine Meets HealthTech for Real World Change

Health tech can recommend perfect nutrition but real change happens at home. Learn how culinary medicine, education, and digital guidance combine to close the implementation gap. Discover what works when people are stressed, time-poor, and overwhelmed by misinformation.

Quintina Reddington, Corporate Wellness Director, [Aramark](#)

3:10 PM

AI Nutrition Coaching People Can Trust

AI is already shaping how people eat, but trust is fragile. Discover what drives confidence in AI-guided nutrition: human oversight, explainability, credentialed support, and privacy-first design. Leave with practical approaches to build copilots that feel personal and safe, avoid generic advice, and improve outcomes without overstepping clinical boundaries.

Tim Spector, Co-Founder & Chief Science Officer, [ZOE](#)

Katie Stebbins, Executive Director, Food & Nutrition Innovation Institute, [Tufts Food & Nutrition Innovation Institute](#)

Bijal Parekh, VP of Information Technology, [CVS Health](#)

Chris Gibbons, Chief Applied Scientist, Health AI Innovation, [Oracle](#)



FOOD HEALTHTECH LIVE

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10.08.2026

3:50 PM

Afternoon Break & Networking

4:30 PM

The Food HealthTech Pitch Competition

High-potential innovators take the stage to pitch solutions transforming nutrition, behavior change, and connected care. Watch startups battle-test their story, traction, and differentiation in front of investors and industry leaders and hear real-time feedback on what makes a solution fundable, scalable, and deployable. Leave with a front-row view of what's next in food health tech and who's building it.

Thomas Van Den Boezem, Partner, **Peak Bridge VC**

Steven Gamo, Technical Lead, **McWin Capital Partners**

R.J. Briscione, Healthcare Advisor, **NEXT VENTURES**

5:10 PM

Food HealthTech's Biggest Blind Spots and How to Catch Them

Unpack the biggest blind spots holding food health tech back, from over-indexing on data and features to under-investing in trust, workflow fit, and real-life implementation. Learn how leading teams spot gaps early, design for adoption, and build solutions that translate into sustained behavior change, measurable outcomes, and long-term retention

Zelda Council, Chief of Nutrition, **U.S. Department of Veteran Affairs**

Spence Medford, SVP, Chief Advancement Officer, **The Henry Ford**

5:50 PM

Chair's Closer

6:00 PM

End of Food HealthTech LIVE